What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

How can I help protect myself?

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.
- Or use an alcohol-based hand sanitizer.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw in the trash.
- Clean and disinfect frequently.

Seek medical advice if you:

- Develop symptoms above.
- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

Signs and Symptoms

1. Fever
2. Cough
3. Breathing difficulties
What should I do if I recently traveled from an area with ongoing spread of COVID-19?

- There may be restrictions on your movements for up to 2 weeks if you have traveled from an affected area.
- Seek medical advice if you develop symptoms during that period such as fever, cough, or trouble breathing.
- Call the DOH Hotline or LBJ Hospital ER (684-633-1222), and tell them if you have symptoms. They will give you instructions on how to get care without exposing other people to your illness.
- While sick, avoid contact with people, don’t go out and delay any travel to reduce the possibility of spreading illness to others.

Call us for further information:
(684) 633-5871
(684) 633-5872
EMAIL: measles@doh.as or dohcp@doh.as
https://www.facebook.com/ASDOH.hotline

Visit Tafuna Community Health Center if you need a medical clearance.

Opening hours:
Mon, Wed, Friday. 7:30am - 4:00pm
Tuesday, Thursday 7:30am - 8:00pm
Telephone: (684) 699-6380

to protect you and your loved ones.